



November 29, 2016

Dear Parents:

Beginning in January, Alexandria Country Day will start its annual intramural basketball league for boys and girls in grades 1-8.

The purpose of this program is to provide students with an opportunity to learn and develop the basic skills of basketball, while also allowing them the chance to participate in games.

The league will be divided into four divisions: 1st and 2nd grades, 3rd and 4th grades, 5th and 6th grades, 7th and 8th grades.

Each team will practice a minimum of one hour (one day) per week, and no team will practice more than two days and two hours per week. Practices will be held after school at the ACDS gym. Intramural games will be held on Saturday mornings/afternoons.

We are looking for volunteer coaches to work with each team. Practices begin the week of January 9, and games start January 21.

This program will only be as successful as its participants make it. If you are interested in your student playing intramurals, and/or if you are willing to be a volunteer coach, please complete the following form.

There is a \$50 registration fee to help defray the costs of referees, jerseys, equipment, awards, etc. Make checks payable to ACDS Intramurals. Return registration form and check to school by Wednesday, December 14.

Thanks for your cooperation and support.

Sincerely,

Lee Sanders
Lee Sanders



ALEXANDRIA COUNTRY DAY SCHOOL
Intramural Registration



Student's Name: _____ Age: _____ Sex: _____

Grade: _____ Homeroom Teacher: _____

T-Shirt Size: YS (6-8) YM (10-12) YL (12-14) S M L XL

Telephone Number: _____

Parent: **IF YOU ARE INTERESTED IN HELPING COACH** an intramural team, please indicate by completing the following information.

Parent Volunteer Coaches

Parent's Name: _____ Email: _____

Telephone Numbers: Work - _____ Home - _____

Please return this registration form to the office along with the \$50 fee by December 14