MOVE
JUNE 3-7

TIGER DAYS

CREATE
JUNE 10-14

$10 REGISTRATION
$85 PER SESSION

AGES 3-14

EXPLORE
JUNE 17-21

EXPERIENCE
JUNE 24-28

5603 BAYOU
RAPIDES ROAD
ALEXANDRIA, LA 71303
WWW.ACDSONLINE.ORG

9AM-5PM
EARLY DROP-OFF
AVAILABLE
TIGER DAYS
FYI

WHAT IS THE COST?
Each week has a $10 registration fee. Each session costs $85. Students may participate in up to three sessions per day. Early drop-off is available at $7 per day. Pricing ranges from $95 per week to $272 per week.

WHAT FORMS OF PAYMENT ARE ACCEPTED?
We accept cash, checks payable to ACDS, and money orders. Participants who do not attend ACDS, please pay with cash or money order.

WHAT'S INCLUDED?
Each session is taught by certified teachers, coaches, or area experts. Snacks are provided each day. Campers who are present for lunch time will have pizza on Friday.

WHAT DO MY CAMPERS NEED TO BRING?
Campers need to bring lunch Monday-Thursday.

WHAT TIME IS DROP-OFF?
Regular drop off is at 8:45AM. If indicated on registration forms, early drop-off is available as early as 7:30 and provided by ACDS faculty.

WHAT TIME IS PICK-UP?
There will be a 15-minute pick up window after each session. Late charges of $1 per minute will apply for later pick-up.

HOW DO I REGISTER?
Fill out the registration form and return payment to ACDS by May 20, 2019.

CAN I REGISTER LATE?
Late registration is at the discretion of each instructor. Contact Dana Lyles at dlyles@acdsonline.org if needed. Late registration fees may apply.

WHAT IF I NEED TO CANCEL?
Cancellations made before May 21 will be fully refunded. Cancellation fees of $25 per student per session will apply for cancellations after May 21.
MOVE JUNE 3-7

MOVE is shaped to allow students to explore different sports and physical activities. Registration is $10 per week. Each week long session is $85. Students may enroll in one session or all three. A snack is provided each afternoon and lunch is provided on Friday. Early drop-off is available as early as 7:30AM for $7 per day.

SESSION 1
Ages 6-9
Shooting Academy Basketball Camp
These camp sessions will teach the fundamentals of basketball through shooting, passing, dribbling, and teamwork. The students will learn how to work together to achieve the common goal of winning, and have fun doing it.
Instructor: Steven Kanel, 300 Fitness

SESSION 2
Ages 6-9
Swing, Slide, and Steal!
Students will work on fundamentals of baseball, including batting, catching, throwing, and running bases.
Instructor: Waylon Laroux, Certified Teacher and Coach

SESSION 3
Ages 6-9
Tell Me a Story
Students will combine creative dramatics techniques and play production to create an original presentation based on some of the best known and loved folk and fairy tales. "Bella" shares some of her favorite stories when she finds herself in charge of the town bookkeepers for a day.
Instructor: Jan Reich, ACDS Teacher
"Week One of a two-week session.

SESSION 1
Ages 10-14
Flashback Field Day
This session is a week-long celebration of the field days of yore—outside games and activities that are designed for fun and fitness.
Instructor: Nerrin Brown, ACDS Coach

SESSION 2
Ages 6-9
Cheer Fundamentals
Cheerleaders will learn and perfect the basics of cheer from motions to jumps to basic stunt skills.
Instructor: Nicole Anthony, Midstate Cheer

SESSION 2
Ages 6-9
Batter Up
Girls will participate in a program that emphasizes sportsmanship, improvement, and fun while receiving offensive and defensive skills training. All skill levels welcome.
Instructor: Natalie Cox, ACDS Coach

SESSION 3
Ages 6-9
On Deck
Girls will participate in a program that emphasizes sportsmanship, improvement, and fun while receiving offensive and defensive skills training. All skill levels welcome.
Instructor: Natalie Cox, ACDS Coach

SESSION 2
Ages 10-14
Functional Fitness
Students will focus on fitness skills and injury prevention using multiple approaches to successful workout, including yoga, pilates, and interval training.
Instructor: Justin Maxwell, ACDS Teacher

SESSION 3
Ages 10-14
Basketball with Coach B
Players will prepare for competitive middle school basketball programming.
Instructor: Aaron Beauboeuf, ACDS Coach

Class minimums may apply to any session. You will be notified by May 24 of any scheduling changes.
CREATE is designed to allow students to imagine, design, and create something new each day, using various forms and techniques. Registration is $10 per week. Each week long session is $85. Students may enroll in one session or all three. A snack is provided each afternoon and lunch is provided on Friday. Early drop-off is available as early as 7:30AM for $7 per day.

SESSION 1
9:00AM - 11:30AM

Session 1
Ages 6-9
Favorite Friends
Come get to know some of your favorite storybook characters! Each day will feature a different character and story. We will also learn about story elements such as character, setting, and plot. The art and activities will center around the character and the book we are reading that day. Jump into some good books and some silly fun with us!
Instructor: Allison Covington, ACDS Teacher

SESSION 2
12:00PM - 2:15PM

Session 2
Ages 3-5
Crazy Creative Crafts
Kids will love to make their own variety of crafts. We will make different kinds of play-doh, photo frames, Christmas ornaments, and much more. Join us as we will let our creativity and imaginations run wild!
Instructor: Allison Covington, ACDS Teacher

SESSION 3
2:30PM - 5:00PM

Session 3
Ages 3-5
Primary Publishers
We will read predictable books and then create books of our own. Children will make tiny books, shape books, group books and many more! Let your imagination bloom into some fantastic books that children will enjoy reading over and over!
Instructor: Allison Covington, ACDS Teacher

Session 1
Ages 10-14
Geocity
Students will use area, perimeter, and 2D/3D figures to create various skyscrapers, city blocks, and other geographical items in a city of their own creation.
Instructor: April Dupre, ACDS Teacher

Session 2
Ages 10-14
ElectroArt
Students will learn about conductivity, coding, circuitry, and art as they create a piece of "electronic art" using conductive paints and an electronic touchboard.
Instructor: Belle Farley, ACDS Teacher

Session 3
Ages 6-9
Tall Me a Story*
Students will combine creative dramatics techniques and play production to create an original presentation based on some of the best known and loved folk and fairy tales. "Belle" shares some of her favorite stories when she finds herself in charge of the town bookstore for a day.
Instructor: Jan Reich, ACDS Teacher
*Week Two of a two-week session.

Session 1
Ages 10-14
Mandala Geometry
Artists will create beautiful mandalas while learning basic geometric constructions and meditation practices. These intricate circular designs will have personal meaning and promote positivity and reflection.
Instructor: Justin Maxwell, ACDS Teacher

Session 2
Ages 10-14
Pop Art
Students will learn about pop art and create their own masterpiece using pattern and color.
Instructor: April Dupre, ACDS Teacher

Session 3
Ages 10-14
Tall Me a Story*
Students will combine creative dramatics techniques and play production to create an original presentation based on some of the best known and loved folk and fairy tales. "Belle" shares some of her favorite stories when she finds herself in charge of the town bookstore for a day.
Instructor: Jan Reich, ACDS Teacher
*Week Two of a two-week session.

Session 1
Ages 10-14
Geometry
Students will use area, perimeter, and 2D/3D figures to create various skyscrapers, city blocks, and other geographical items in a city of their own creation.
Instructor: April Dupre, ACDS Teacher

Session 3
Ages 6-9
Camp ACDS
Campers will spend a week at Camp ACDS, working on campfire stories, crafts, and games.
Instructor: Nerri Brown, ACDS Coach

Class minimums may apply to any session. You will be notified by May 24 of any scheduling changes.
EXPLORE is engineered to bring STEM activities to life for students, illuminating the fun of science, technology, engineering, and mathematics. Registration is $10 per week. Each week long session is $85. Students may enroll in one session or all three. A snack is provided each afternoon and lunch is provided on Friday. Early drop-off is available as early as 7:30AM for $7 per day.

**SESSION 1**
**Ages 3-5**
**STEAM Bins**
Students will interact with a variety of materials. They will focus on building/creating different things and discussing what would happen if they made changes to their original design and then discuss the result of their changes after making that change.
Instructor: April Dupre, ACDS Teacher

**Ages 6-9**
**Pop Chef**
Students will learn to make quick, fun, and creative dishes in a fun and competitive atmosphere while learning basic techniques.
Instructor: Nerri Brown, ACDS Coach

**SESSION 2**
**Ages 6-9**
**Slime by Design**
Students will explore a daily theme and various recipes and reactions as they create their own slime each day.
Instructor: Nerri Brown, ACDS Coach

**Ages 10-14**
**Magical Science**
Scientists will explore phenomena that may seem like magic, but have a scientific explanation.
Instructor: Ashley Vanderlick, ACDS Teacher

**Ages 10-14**
**STEAM Bins**
Students will interact with a variety of materials. They will focus on building/creating different things and discussing what would happen if they made changes to their original design and then discuss the result of their changes after making that change.
Instructor: April Dupre, ACDS Teacher

**SESSION 3**
**Ages 3-5**
**Happy Habitats**
Join us as we find out where the animals live, how they build their homes, and what comforts they need. We will construct habitats for animals and create a new habitat for us! We will learn facts about the animals and all their creature comforts.
Instructor: Allison Covington, ACDS Teacher

**Ages 6-9**
**Think About Seuss**
Students will explore the crazy world of Dr. Seuss through creative dramatics, storytelling and music. The session will end with a fun presentation for the whole family.
Instructor: Jan Reich, ACDS Teacher
*Week One of a two-week session*

**Ages 10-14**
**Financial Literacy**
Students will work on balancing a checkbook, paying bills, and budgeting in this course in critical life skills.
Instructor: April Dupre, ACDS Teacher

**SESSION 3**
**Ages 6-9**
Space Case
Astronauts will explore the universe studying planets, stars, galaxies, and more.
Instructor: Nerri Brown, ACDS Coach

**Ages 10-14**
**Exploration Camp**
Inspiring Tomorrow’s Engineers
This program offers fun-filled activities that allow students to get hands-on and minds-on experience of engineering as it relates to the world and their community.
Instructor: Ashley Vanderlick, ACDS Teacher

**Ages 10-14**
**Think About Seuss**
Students will explore the crazy world of Dr. Seuss through creative dramatics, storytelling and music. The session will end with a fun presentation for the whole family.
Instructor: Jan Reich, ACDS Teacher
*Week One of a two-week session*

Class minimums may apply to any session. You will be notified by May 24 of any scheduling changes.
EXPERIENCE makes a wide variety of activities available. It is the perfect week to pursue a passion or try something new! Registration is $10 per week. Each week long session is $85. Students may enroll in one session or all three. A snack is provided each afternoon and lunch is provided on Friday. Early drop-off is available as early as 7:30AM for $7 per day.

SESSION 1
9:00AM - 11:30AM

Session 1
Ages 3-5
Shiver Me Timbers
Create your own pirate maps, learn about and make pirate tools. Learn directional skills and position words as we hunt for the hidden treasure! Read pirate stories and play some pirate games. Join us on a pirate adventure!
Instructor: Allison Covington, ACDS Teacher

Session 2
Ages 6-9
Flashback Fitness
This session is a weeklong exploration of the field days of yore- outside games and activities that are designed for fun and fitness.
Instructor: Neri Brown, ACDS Coach

SESSION 2
12:00PM - 2:15PM

Session 2
Ages 6-9
Dance and Movement
This session focuses on the basics of ballet, stretching and strengthening, and tumbling.
Instructor: Sarah Ocha
Get To The Pointe Ballet Studio

Session 1
Ages 10-14
Geography- Explore the World
Improve geography knowledge and map skills, students will learn about the world outside of the US.
Instructor: Eric Mayeux, ACDS Teacher

SESSION 3
2:30PM - 5:00PM

Session 3
Ages 6-9
Step Into STEM
Put your engineering and creativity to the test! Design, create, and challenge yourself with fun stem activities. Work with partners, on your own and with a team. There is a variety of stem options for different interests and different levels. Come find your favorite!
Instructor: Allison Covington, ACDS Teacher

Session 3
Ages 10-14
Think About Seuss!
Students will explore the crazy world of Dr. Seuss through creative dramatics, storytelling, and music. The session will end with a fun presentation for the whole family.
Instructor: Jan Reich, ACDS Teacher
*Week Two of a two-week session

Session 2
Ages 10-14
Board not Bored
Students will learn about strategy as they spend a week exploring various board games.
Instructor: Sharon Hobbs, ACDS Teacher

Session 1
Ages 10-14
Escape Rooms
Students will work on an escape room a day. These will range from educational subjects (ELA, Math, Social Studies, etc) to growth mindset. This will promote team building and communication skills while working in a group.
Instructor: April Dupre, ACDS Teacher

Session 1
Ages 10-14
Thrive: Explore the World
Students will learn the science of slime- how it works and why different add-ins change the texture. Students will be able to keep all the slime they made.
Instructor: April Dupre, ACDS Teacher

Session 3
Ages 10-14
Food in Science
Students will create various edible treats. We will discuss why certain chemical and physical changes happen during the making process.
Instructor: April Dupre, ACDS Teacher

Session 2
Ages 10-14
Wizard Week
Students will explore the fantastical world of Harry Potter with books, club, movie scenes, games, and magic.
Instructor: Eric Mayeux, ACDS Teacher

Session 3
Ages 10-14
Think About Seuss!
Students will explore the crazy world of Dr. Seuss through creative dramatics, storytelling, and music. The session will end with a fun presentation for the whole family.
Instructor: Jan Reich, ACDS Teacher
*Week Two of a two-week session

Session 3
Ages 10-14
Geography- Explore the US
Students will focus on the geography of the United States, learning more about our country and improving map skills.
Instructor: Eric Mayeux, ACDS Teacher

Session 3
Ages 10-14
Think About Seuss!
Students will explore the crazy world of Dr. Seuss through creative dramatics, storytelling, and music. The session will end with a fun presentation for the whole family.
Instructor: Jan Reich, ACDS Teacher
*Week Two of a two-week session

Session 2
Ages 10-14
Slime Time
Students will learn the science of slime... how it works and why different add-ins change the texture. Students will be able to keep all the slime they made.
Instructor: April Dupre, ACDS Teacher

Session 3
Ages 10-14
Think About Seuss!
Students will explore the crazy world of Dr. Seuss through creative dramatics, storytelling, and music. The session will end with a fun presentation for the whole family.
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Instructor: Jan Reich, ACDS Teacher
*Week Two of a two-week session
## Tiger Days Registration Form

Participant Name:  
Age:  
ACDS Student: Yes  No  

Parent Name:  
Phone Number:  

Physical Address:  
Email Address:  

Additional Emergency Contact:  
Name:  
Phone Number:  

Please Circle All Sessions that Apply:

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**Weekly Total**
- $10 fee
- Early Drop Off: Yes($7) No
- **sessions @ $85**
- **Total:**

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